

# Baby-Friendly Documentation



# Becoming Baby-Friendly in Oklahoma

## Data Collection Elements

- Any breastfeeding
- EBF
- Skin to skin – vaginal and cesarean
- Staff/MD education

# Breastfeeding Rates

- **Any breastfeeding** – Only babies admitted to a mother/baby unit, not NICU
- **Exclusive breastfeeding** – follow the Joint Commission guidelines on measuring exclusive breast milk feeding at discharge (PC-05)
  - PC-05 Single term newborns discharged alive from the hospital

# Skin to Skin Contact

- **Skin to skin** - First hour of life including first feed. Baby should be placed in immediate skin to skin contact, ie. within 5 minutes of birth. You will need to have this documented “Went skin to skin at XXam, ended skin to skin at XXam” in order to be able to report this.
- **Skin to skin after cesarean** – Report if baby goes skin to skin in the OR or “as soon as mother is able to respond”, especially if she had general anesthesia. Exceptions would be if mom had a medical emergency.

# Staff Training

- **Staff training (20 hours)** – Only need to train and report on inpatient maternity nursing staff that are involved with newborns from the moment of admission of mom in labor through when mom goes home with the baby. We are not requiring you to report on staff training for other hospital staff, e.g. NICU, or general staff.
- **Provider training (3 hours)** – Only need to train and report on providers that your hospital employs. (You can offer and strongly encourage completion of training by other providers and cannot require them to do it.)

# Baby-Friendly USA Documentation

- Skin to skin – start/stop time, reason delayed, when implemented if delayed
- EBF – time of 1<sup>st</sup> breastfeeding, any supplementation (what, why, how), maternal education
- Rooming In – if separated – time out, time returned, reason
- Pacifiers/artificial nipples – maternal education of risks, if used – reason/date/time


# Stillwater Medical Center

- Skin to Skin documentation using MediTech

Skin to Skin	
Skin to Skin	<input type="radio"/> Initiated <input type="radio"/> Not Initiated
Skin to Skin Time Initiated:	<input type="text"/>
Skin to Skin Time Ended:	<input type="text"/>
Why was Skin to Skin Indicated?	<input type="text"/>

# St. Anthony's-OKC

- Skin to Skin documentation using EPIC

<b>Skin to Skin/Initial Feeding</b>		
Skin to Skin within 5 Minutes of Birth?		
Time Skin to Skin Initiated		
Infant Feeding Choice for Hospital Stay:		
Mother's Feeding Choice Discussed		
Start Time of First Feeding (Breast or Formula)		
Completion Time of First Feeding		
Time Skin to Skin Completed		
 Length of Skin to Skin Contact (Calculated)		
Reasons for No Skin to Skin Contact		
<b>Birth Measurements</b>		



# St. Anthony's-OKC

Labor   
  OB Post Delivery Reco...   
  Amnioinfusion   
  Magnesium Sulfate Assess   
  I/O   
  Lines Drains Airways   
  MAR/IV Assess   
  Neonat Initial Assess

























**Identification Bands/Security Tag**    
 Mode:      
 1m 5m 10m 15m 30m 1h 2h 4h 8h 24h   
 Based On: 0700 |

		SAH 7 MED/SURG	
		1/26/15	2/12/15
		1040	0917
		Last Filed Value	
<b>Identification Bands/Security Tag</b>			
<input checked="" type="checkbox"/> Identification Band Number			
<input checked="" type="checkbox"/> ID Band			
<input checked="" type="checkbox"/> Security Transmitter			
<input checked="" type="checkbox"/> Security Transmitter #			
<b>Initial Vital Signs</b>			
<input checked="" type="checkbox"/> Temp			98 (36.7) <<
<input checked="" type="checkbox"/> Temp Source			Oral <<
<input checked="" type="checkbox"/> Pulse			64 <<
<input checked="" type="checkbox"/> Resp			18 <<
<input checked="" type="checkbox"/> BP			118/80 <<
<input checked="" type="checkbox"/> Mean Arterial Pressure			93 mmHg (... <<
<input checked="" type="checkbox"/> MAP (mmHg)			
<input checked="" type="checkbox"/> BP Location			LUA <<
<input checked="" type="checkbox"/> BP Method			Manual <<
<input checked="" type="checkbox"/> Glucose Bedside (mg/dL)			370 mg/dL <<
<b>Skin to Skin/Initial Feeding</b>			
<input checked="" type="checkbox"/> Skin to Skin within 5 Minutes of Birth?			
<input checked="" type="checkbox"/> Time Skin to Skin Initiated			0900 <<
<input checked="" type="checkbox"/> Infant Feeding Choice for Hospital Stay:			
<input checked="" type="checkbox"/> Mother's Feeding Choice Discussed			
<input checked="" type="checkbox"/> Start Time of First Feeding (Breast or Formula)			
<input checked="" type="checkbox"/> Completion Time of First Feeding			
<input checked="" type="checkbox"/> Time Skin to Skin Completed			0940 <<
<input checked="" type="checkbox"/> Length of Skin to Skin Contact (Calculated)			40 Minutes... <<
<input checked="" type="checkbox"/> Reasons for No Skin to Skin Contact			
<b>Birth Measurements</b>			

# St. Anthony's-OKC

Assessment      Unresolved Education

**Title/Topic/Teaching Point:**

-   **NEWBORN CARE**
-   **BREASTFEEDING**
  -   **General Information**
    -  Introduction to Breast Feeding
    -  Feeding Cues of Baby
    -  Waking a Sleepy Baby
    -  Avoid Pacifiers the First Weeks
  -   **Establishing / Maintaining Milk Supply**
  -   **Positioning of Mother and Infant**
  -   **Pumping Methods**
  -   **Alternative Feeding Methods**
  -   **Self Care First Two Weeks**
  -   **How to Know if Baby is Getting Enough to Eat**
  -   **Prevention/Discharge**

# Unresolved Education

Assessment

Unresolved Education

Title/Topic/Teaching Point:

- LABOR, DELIVERY AND RECOVERY
  - Review Plan of Care
  - Safety
  - Treatments/Procedures
  - Recovery
  - Newborn Recovery
    - Initial Feeding
    - Skin to Skin Contact
    - Security Measures
    - Use of Bulb Syringe (Suction)
    - Erythromycin Ophthalmic Ointment
    - Vitamin K

# St. Anthony's-OKC

Assessment | Unresolved Education | Education Review | Manage Education

Title/Topic/Teaching Point: **NEWBORN CARE**  
**BREASTFEEDING**

- General Information
  - Introduction to Breast Feeding
  - Feeding Cues of Baby
  - Waking a Sleepy Baby
  - Avoid Pacifiers the First Weeks**
- Establishing / Maintaining Milk Supply
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- Alternative Feeding Methods
- Self Care First Two Weeks
- How to Know if Baby is Getting Enough to Eat
- Prevention/Discharge

Point Description/Learner Progress:

**Description:**  
Discourage routine pacifier use during the hospital stay. After breastfeeding is well established (usually 3-4 weeks) a pacifier should be offered when baby is placed in the "Back to Sleep" position to reduce the risk of SIDS.  
Explain that the American Academy of Pediatrics recommends avoiding the use of pacifiers in the early weeks of breastfeeding. Using a pacifier in the first weeks can: 1) Interfere with the infant learning to latch, 2) Decreases the frequency of breastfeeding, 3) Limits milk production, 4) Prevents the baby from receiving enough breast milk. There are exceptions to the recommendation: 1) Baby is in the NICU, 2) Baby showing signs/symptoms of drug withdrawal, 3) Comfort during painful procedures, for example circumcision.

Learner	Ready?	Method	Res...	Comments	Taught By	Date	Time	Status
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Unresolved Education

Assessment | Unresolved Education | Education Review | Manage Education

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- Review Plan of Care
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Point Description/Learner Progress:

**Description:**  
Teach the parent(s)/caregiver about skin to skin contact. Discuss the benefits of improved weight gain, longer periods of deep restful sleep, reduced crying, more stable breathing, temperature stability, and earlier breast feeding. Parent(s)/caregiver may also feel closer to the infant, increase confidence in care, feelings that they are participating in the infant's care.

Learner	Ready?	Method	Res...	Comments	Taught By	Date	Time	Status
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