

Provider Modules Objectives

Module 1:

- List 4 ways breastfeeding impacts maternal or child health
- List 2 resources for breastfeeding support once discharged from hospital

Module 2:

- Name 2 factors that impact the physiology of lactation/milk production
- List 2 ways infants play a role in milk production and transfer

Module 3:

- Describe 2 benefits of skin-to-skin
- Describe 2 benefits of rooming-in

Module 4:

- Describe 2 interventions to resolve common early breastfeeding challenges
- Identify 2 reasons why hand expression is important

Module 5:

- Identify appropriate milk transfer for optimal breastfeeding
- Describe 2 signs that baby has a good latch when at the breast

Module 6:

- Identify 2 ways specific field of practice impacts lactation
- Describe how to access medication safety information during lactation