

**OBRC Pathway 3 Training Rotation
Inpatient/Outpatient/Community**

Rotations: Summer (Jun. - Sept.); **Winter** (Oct.- Jan.); **Spring** (Feb.- May.)

Time/Location: Various

Contact Hours: Approx. 40 contact hours per week

DIRECTOR / CHIEF MENTOR

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PROGRAM INFORMATION

DESCRIPTION

Trainees will work with experienced, certified IBCLCs in a variety of clinical settings and be responsible for learning the clinical evaluation and management of breastfeeding patients. Completion of the OBRC P3 Program fulfills the clinical training requirement (500 hours) to be eligible to sit for the exam put forth by the International Board of Lactation Consultant Examiners (IBLCE) for designation as an International Board Certified Lactation Consultant / Registered Lactation Consultant (IBCLC/RLC). This is a full-time (8am-5pm, Monday - Friday) program; trainees are expected to treat this program as their full-time job during the four months with OBRC.

FORMAT

This program consists of traditional face-to-face clinical activities in a clinical environment. This may be complemented by other instructional formats (e.g., didactic or conference sessions, reading assignments, etc.) which will vary based upon availability of health care professionals who allow trainees to be present while assessing patients.

GOAL

Trainees will gain clinical experience and knowledge to meet the IBLCE exam requirements.

APPLICATION REQUIREMENTS

1. Proof of completion of an associate's degree
2. Complete all [Health Sciences Education](#) requirements
3. Complete all Health Science [Continuing Education](#) requirements
4. Provide proof of completion or registration of [Lactation Specific Education](#)
5. Complete a national [background check](#)
6. Complete a [drug screen](#) (1-2 months prior to application deadline)
7. Email your [application](#), background check, drug screen to OBRC@ouhsc.edu
8. Pay the \$100 application fee to OBRC ([pay online](#)).

PROGRAM REQUIREMENTS (If selected to be an OBRC P3 Trainee)

1. Commit to 4-months, full-time clinical training and assignments.
2. Submit your Pathway 3 application plan to IBLCE for approval. (OBRC will review for approved applicants)
3. Submit documentation of required immunizations.
4. Acquire liability insurance coverage once accepted. (*CM&F is the leader in lactation liability coverage*)
5. Pay OBRC Clinical Lactation Training fee: \$1,900.00. (can be paid in installments) ([pay online](#)).
Trainees are required to pay one installment (or payment in full) before the first rotation day.

ABSENCES

Trainees who miss an event/rotation/session MUST notify the OBRC Administrator, Director or Assistant Director BEFORE the absence or as soon as possible via phone call and/or email to OBRC@ouhsc.edu. All absences must be approved in order to be considered an “excused absence”. The program director will assess each absence on a case-by-case basis and determine how best to make up the time lost.

GRADING AND ASSESSMENT

Activity	Scoring
Presentation #1 “ Human Milk Composition ” (Month 1)	Complete/Incomplete
Presentation #2 “ Anatomy & Physiology of the Breast ” (Month 2)	Complete/Incomplete
Presentation #3 “ Normal Newborn Behavior ” (Month 3)	Complete/Incomplete
Presentation #4 Trainee’s Choice “ Capstone ” (Month 4)	Complete/Incomplete
Attend all scheduled clinical training events/rotations/sessions	Complete/Incomplete
Complete all presentations, assignments or courses	Complete/Incomplete
Completion of Evaluation of the OBRC Pathway 3 Program	Complete/Incomplete

Presentation Requirements:

Time: 20-25 minutes (strictly enforced) leaving 5-10 minutes for questions from audience.

Format: Power Point, Prezi, Keynote, Poster

Audience: Although the audience is comprised of experts, we want to see your rounded knowledge on each topic. ***Therefore, present each topic as if you are teaching to patients.***

Presentation	Content Guidelines
Human Milk Composition	<ul style="list-style-type: none"> • Components of human milk (macro and micronutrients) • Impact of human milk components on growth, development and disease prevention • Must cite peer-reviewed data/research
Anatomy & Physiology of the Breast	<ul style="list-style-type: none"> • Stages of growth/development (pregnancy to lactogenesis) • Physical components involved in lactation (lactocytes, alveoli, M glands, etc) • Must cite peer-reviewed data/research
Normal Newborn Behavior	<ul style="list-style-type: none"> • Birth through early months. • Behaviors that influence breastfeeding. • Must cite peer-reviewed data/research
Trainee’s Choice of Topic	<ul style="list-style-type: none"> • Topic must be related to breastfeeding/infant feeding or human milk • Must cite peer-reviewed data/research

PROGRAM SCHEDULE:

Rotation	OBRC Application Deadline	Earliest time to apply for IBLCE exam (using 2023 dates)	Earliest time to Take IBLCE exam (using 2023 dates)
Summer: June July August September	February 15	October – December	March
Winter: October November December January	June 15	May – June	September
Spring: February March April May	October 15	May – June	September

TRAINING SCHEDULE:

The schedule is provided via OUHSC Outlook meeting requests. The schedule is also provided and updated via email. Locations are reserved based on availability of staff and are subject to change. Trainee is responsible for maintaining contact and schedule through their HSC email account. Alternate email accounts **will not** be used as a form of communication once the trainee receives an HSC account.

	Month 1	Month 2	Month 3	Month 4
Bulk of Schedule	MBU & Outpatient	OMMB & External Hospitals	OMMB & External Hospitals	Outpatient & NICU
Additional Activities	OBRC Training & Prenatal Breastfeeding Class	OBRC Training & Prenatal Breastfeeding Class	WIC & SLP	NICU RD & NICU Social Worker
Assignments	PPT #1: Biochemistry of Human Milk	PPT #2: Anatomy & Physiology of the Breast	PPT #3: Norman Newborn Behavior	PPT #4: PPT/Paper/Poster
Notes	OMMB as needed	OMMB as needed	OMMB as needed	OMMB as needed
*PPT - PowerPoint	*MBU – Mother/Baby Unit	*OMMB - Oklahoma Mothers' Milk Bank	*SLP – Speech Language Pathologist	*NICU - Neonatal Intensive Care Unit

LEARNING OBJECTIVES

Trainees will meet all IBCLC Competencies listed in the link below.

<https://ibclce.org/2018/12/17/revisions-to-ibclc-scope-of-practice-and-clinical-competencies/>

REFUND POLICY

- If you withdraw from the P3 program on or **prior to completing the first week**, you will receive a **50% refund**, minus \$100 application fee.
- If you withdraw **after completing the first week** of the program, you will **not be eligible** for a refund.

- If circumstances arise which make it not possible to complete the training program, we will assess each trainee's situation on a case-by-case basis. OBRC will work with the trainee to determine how best to make up the time lost.
- Application and payment is for one academic year only. If applicants are interested in reapplying, they must apply and pay again at that later date.

OUHSC POLICIES

This syllabus is intended as a guide for this course. Dates, assignments, and evaluation are subject to revision by the director. Any such revisions will be announced in advance.

Academic Misconduct Code

The policy and procedures related to academic misconduct are detailed in the Academic Misconduct Code found in Appendix C of the Faculty Handbook. The code describes academic misconduct as acts intended to improperly affect the evaluation of a trainee's academic performance or achievement and includes but is not limited to acts such as cheating, plagiarism, fabrication, fraud, destruction, bribery or intimidation, assisting others in any act proscribed by this Code, or attempting to engage in such acts.

Accommodation on the Basis of Disability

The University of Oklahoma is committed to the goal of achieving equal educational opportunity and full participation for trainees with disabilities. Accommodations on the basis of disability are available by contacting the Disability Resource Center (DRC) by email at drc@ou.edu. or by calling (405) 325-3852 or Voice or (405) 325-4173/TDD. Information on policies and registration with the Disability Resource Center may be found on the DRC website at: www.ou.edu/drc. Trainees requesting accommodations related to work in a course must contact the DRC as soon as possible; accommodations are not made retroactively.

Copyright Policy

This syllabus and all related course material are protected under US Copyright Law and may not be further disseminated in any form or format without the prior explicit written consent of the faculty member. Failure to comply with this provision may subject the trainee to disciplinary action and/or state or federal action.

Encryption

Further details can be found via the OUHSC IT website

Trainees must have tech items that are used for University business (University Business does include checking HSC email), encrypted by Campus IT through a Device Security Clinic (<http://ouhsc.edu/registerdevice>) or similar, prior to using the device for University Business.* Removal of encryption by Campus IT is required upon departure from the University. *unless you have been notified by College or Department personnel that you are specifically, individually exempt.

HIPAA

The University of Oklahoma complies with all federal and state laws related to the confidentiality of patient medical information, including the Privacy and Security Regulations issued pursuant to the Health Insurance Portability and Accountability Act (HIPAA). Trainees are required to comply with these laws and related University policies and procedures, including the HIPAA Privacy and Security policies (<http://ouhsc.edu/hipaa/policies.asp> and <http://www.ouhsc.edu/compliance/>). Trainees are required to complete the University's mandatory annual HIPAA training

(<http://ouhsc.edu/hipaa/>) and must also comply with the related policies and procedures of their departments and any facilities in which they rotate.

Inclement Weather

Impact of Campus Closure on Academic Activities

OBRC follows the OU College of Medicine's campus closures. If campus closes due to inclement weather, please consult:

https://hipocrates.ouhsc.edu/policy/policy_view.cfm?policyNumber=325

Medical Trainee Mistreatment

Further details can be found via the College of Medicine Policy #417: Mistreatment of Medical Trainees

The College of Medicine policy on the mistreatment of medical trainees can be found online at https://hipocrates.ouhsc.edu/policy/policy_view.cfm?policyNumber=417

Pregnancy/Childbirth Related Issues

Trainees needing modifications or adjustments to course requirements because of documented pregnancy-related or childbirth-related issues should contact the college's Assistant/Associate Dean for Trainee Affairs (or academic advisor) as soon as possible to discuss. Generally, modifications will be made where medically necessary and similar in scope to accommodations based on temporary disability. See www.ou.edu/content/eoo/faqs/pregnancy-faqs.html for commonly asked questions.

Professionalism Policy

Ethical and professional behaviors are considered a core competency in an academic program and, thus are key factors in good academic standing. Upon acceptance, the trainee commits to comply with all professional conduct regulations established by the University, respective college, and program. The complete University policy is at:

www.ouhsc.edu/provost/documents/FacultyHandbookOUHSC.pdf

Professional Dress Code Requirements (Professionalism)

Professional appearance and demeanor are a demonstration of respect for the patient and the profession, and of self-respect. You must maintain at all times professional appearance and demeanor. If you report for clinical duty in dress deemed inappropriate by the faculty or department/clinic director, you may be instructed to return home to make necessary changes.

- Scrubs are appropriate when working in the inpatient or Milk Bank settings.
- Scrubs are inappropriate attire for the outpatient setting.
- Picture ID or name tag is required during all worked hours.
- You can wear the lactation lavender lab coat. Information on purchasing upon request.
- Visibility of tattoos should be kept to a minimum and covered, if possible.
- Hair should be clean and neat. Extreme hairstyles and hair colors (those not found in nature) should not be worn. Shaved eyebrows and unprofessional hair decorations are not appropriate. You should be cleanly shaven and any beards/mustaches must be kept neatly groomed and clean at all times.
- Visible piercings should be professional in appearance. Eyebrow, nose, labret, face, lip or tongue piercings and earlobe expanding earrings are not appropriate.
- Unacceptable articles of clothing include but are not limited to:
 - Jeans or leather pants
 - T-shirts or sweatshirts

- Jogging or nylon suits, sweatpants
- Halter tops or midriff baring tops
- Sundresses and spaghetti straps are not acceptable unless covered by a jacket.
- Sheer or low-cut blouses
- Flip-flops or open-toe shoes
- Undergarments must be worn, but should not be visible.
- Excessive fragrances or smell of smoke
- Athletic shoes (except when worn with scrubs)
- Shorts/skorts
- Mini-skirts (skirts should be no shorter than approximately 2 inches above the knee and appropriateness may be determined by the supervisor, clinic manager, director.)

Responsible Conduct of Research

Further details can be found via the OUHSC Faculty Handbook Section 3.25: Ethics in Research Policy

Trainees, as members of the University community, have the responsibility to ensure that integrity and ethical standards in any activity with which they are associated directly or any activity of which there is sufficient knowledge to determine its appropriateness. Trainees are governed by the Policy on Ethics in Research. Please see the Faculty Handbook Section 3.25.

Sexual Harassment

Further details can be found via the OU Institutional Equity Office website

For concerns regarding gender-based discrimination, sexual harassment, sexual misconduct, stalking, or intimate partner violence, the University offers a variety of resources, including Advocates-On-Call 24/7, counseling services, mutual “No Contact orders,” scheduling adjustments, and disciplinary sanctions against the perpetrator. Please contact the Sexual Misconduct Office at (405) 325-2215 (8AM-5PM) or the Sexual Assault Response Team at (405) 605-0013 (24/7).

Teacher/Learner Relationship

In order to achieve an environment of mutual respect between teachers and learners, each party must uphold certain responsibilities. Explicit and appropriate professional attributes that are expected of medical trainees, faculty and staff at all locations. These attributes include:

1. Honesty and integrity	9. Accuracy in representation of clinical findings
2. Caring and compassion	10. Commitment to self-improvement & accepting feedback
3. Courtesy and respect for others	11. Admission of mistakes or errors
4. Cultural sensitivity and humility	12. Privacy and confidentiality
5. Accountability and responsibility	13. Recognition of patient autonomy
6. Punctuality	14. Recognition of conflicts of interest
7. Professional appearance	15. Maintenance of a “fitness for duty”
8. Attentiveness and participation	

APPENDIX

1. Monthly Evaluation of Trainee (to be completed by clinical instructor(s))
2. Trainee Assessment (to be completed by program director)
3. Presentation Feedback Form (completed by all who attend presentations by the trainee)