Oklahoma has one of the highest rates of preterm births in the nation, with one in nine babies born prematurely. Human milk greatly improves the health and growth of these babies.

Founded in 2011, the Oklahoma Mothers' Milk Bank is a nonprofit organization with the mission of providing safe donor milk to preterm or ill babies in Oklahoma.

Screened, healthy breastfeeding mothers donate their milk which is pasteurized, tested and frozen until prescribed.

Donor milk is dispensed by prescription only, often on the basis of prematurity, allergies, formula intolerance, immunologic deficiencies and infectious diseases.
OMMB depends on volunteers to reduce costs.

OMMB volunteers play a vital role in day-to-day operations, such as:

- pasteurization of milk
- packing and shipping donations
- fundraising/event planning
- administrative work
- serving on the board of directors

To become a volunteer, please visit www.okmilkbank.org.

Donor mothers must be:

- Lactating and in good general health.
- Willing to undergo a blood test, paid for by OMMB.
- Not regularly taking medicine or herbal supplements. Visit www.okmilkbank.org to view exceptions.
- Free from smoking, illegal drug use and regular alcohol use.
- Willing to donate at least 100 ounces of milk.

To complete a donor application, please visit okmilkbank.org or call (405) 297-5683.

Your tax-deductible donation can also be made online at www.okmilkbank.org. Please mail checks to 901 North Lincoln Blvd., Suite 330, Oklahoma City, OK 73104.