

Did you  
know?



The Oklahoma Mothers' Milk Bank is a non-profit human milk bank that serves all hospitals in Oklahoma.

We ensure that our donated human milk is safe and meets the Human Milk Banking Association of North America's standards.

Supported by:






Mobilizing the Healing Power of Donor Milk




Oklahoma State Department of Health

**COBA** Coalition of Oklahoma Breastfeeding Advocates

**Oklahoma Mothers' Milk Bank**

-  [www.okmilkbank.org](http://www.okmilkbank.org)
-  901 North Lincoln Blvd. Suite 330  
Oklahoma City, Oklahoma
-  (405) 297-5683

**Oklahoma Breastfeeding Hotline**

-  1 (877) 271-MILK



**DONOR MILK**  
*and your baby*

HELPING BABIES SURVIVE AND THRIVE

# The Facts

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Breast milk is the best food for your baby. Mother's milk for preterm babies:

- Protects against infections
- Helps the brain grow
- Prevents NEC (Necrotizing Enterocolitis)
- Shortens hospital stay

## Is donor milk right for my baby?

When a mother does not have enough or any milk for her baby, a doctor can prescribe donor milk.

Donor Milk from the Oklahoma Mothers' Milk Bank is freely given to the milk bank by healthy breastfeeding mothers and is tested and processed for safety.



# Screening Donors

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Each milk donor to the Oklahoma Mothers' Milk Bank has blood drawn to be tested for HIV, Hepatitis B and C, Syphilis and the Human T-Lymphotropic Virus.

Other screenings include infections, illnesses, medicines, alcohol and tobacco use, and caffeine intake.

# Common Concerns

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## Will the milk make my baby sick?

The donor mothers are screened, and the milk is treated and tested before being sent to hospitals for babies, a lot like blood from a blood bank

## It's another woman's breast milk?

The milk bank mixes the milk of three or more moms in each batch of milk, and we keep records for each of our donors.

## Will my baby grow on donor milk?

Each bottle is labeled with calories and protein so the hospital knows your baby is getting what they need.

