

The Oklahoma Mothers' Milk Bank invites you to join



## Moms Milk Circle

Join us on Zoom:

1st Tuesdays at 12pm

3rd Thursdays at 12pm



**SCAN TO REGISTER**

A free virtual breastfeeding support group created to uplift, inform, and inspire nursing moms just like you!

What to Expect:

- Caring, expert-led info from lactation consultants
  - Meet fellow moms
  - Live, judgment-free zone
- Open Question and Answer time
  - Access to free resources