

Patient name:

Date:

**(To Be Completed by Doctor)**

**Lip-Tie:** 1 2 3 4

Presentation: Thin / Thick Fibrous /Fleshy Corded / Triangular

**Lip evaluation:**

- Callus or blisters present on upper lip? Y / N Blisters on all lips? Y / N
- Upper lip curls up and out (flanges)? Y / N
- Upper lip stretches and rolls to the tip of the nose? Y / N
- Gums blanch when raising lip? Y / N
- Muscle tone: tight / flexible

**Buccal Ties:** None Speed bump in cheek R / L Limiting movement R / L

**Tongue evaluation:**

**Classification of Tongue-Tie:** 1- submucosal 2- sl. visible 3-almost to tip 4- to the tip

**Anterior Tongue-Tie**

- *Frenum Width:* None - slight- <1mm - moderate 2-5mm - severe > 5mm
  1. Barrier to finger sweep: small speed bump / moderate bump / fence
  2. Blanches gum when tongue retracts Y / N
  3. Sore or blister on tip of tongue Y / N
- Shape of Tongue: Notched / forked / cupped / heart-shaped / folds down / square / blades / rounded / blunted

**Posterior Tongue-Tie:**

Finger Sweep - speed bump, moderate bump, fence, tenting, Eiffel tower, cord

Appearance

1. None
  2. Short < 5mm. / Medium 5-10 mm. /long > 10 mm.
  3. Lingual fiber: Thin/ Thick
  4. Fiber Inserts: anterior 1/3, middle 1/3, posterior 1/3
  5. Deep /Hidden (seen with retraction / *Submucosal*)
- Finger suction: None - weak - strong -// clamp or bite - disorganized
  - Retains pacifier? Y / N
  - Tongue cycle: continuous progressive wave - short burst with prolonged rest - humping push - pistons in and out – tremors - disorganized
  - Tongue: posterior elevation - anterior point - sides curl – blades - cups
  - Palate: Flat - Normal - High Arched - Bubble Palate
  - Cleft: soft tissue/ boney