

Infant's Name _____ Birth Date _____ Today's Date _____

____ Male ____ Female Birth Weight _____ Present Weight _____ Birth Location _____

____ Vaginal birth ____ C-Section Birth Any birth complications? _____

Are you breastfeeding or pumping? ____ Yes ____ No If no, how long since you stopped breastfeeding? _____

1. Infants are usually given vitamin K at birth. Did your child receive the vitamin K shot? ____ Yes ____ No

2. Was your infant premature? ____ Yes ____ No If Yes, how many weeks? _____

3. Does your infant have any heart disease ____ Yes ____ No or known bleeding diseases? ____ Yes ____ No

4. Any other medical conditions? _____

4. Has your infant had any surgery? ____ Yes ____ No What type? _____

5. Has your infant experienced any of the following? Please check / circle / elaborate as needed.

- | | |
|---|--|
| ____ Shallow latch at breast or bottle | ____ Lip curls under when nursing or taking a bottle |
| ____ Falls asleep in the middle of a feed | ____ Clicking or smacking noises when eating |
| ____ Slides or pops on and off the nipple | ____ Sucking blisters or callouses on lips |
| ____ Gagging, choking, or coughing when eating | ____ Colic symptoms / Baby cries a lot |
| ____ Poor or slow weight gain | ____ Reflux symptoms |
| ____ Hiccups often | ____ Spits up often? Amount / Frequency _____ |
| ____ Lots of <i>in utero</i> hiccups | ____ Gassy (toots a lot) / Fussy often |
| ____ Gumming or chewing the nipple | ____ Milk leaks out of the mouth when nursing/bottle |
| ____ Pacifier falls out easily or won't stay in | ____ Nose sounds congested often |
| ____ Snoring, noisy breathing, or mouth breathing | ____ Baby is frustrated at the breast or bottle |
| ____ Short sleeping and waking often | ____ Constipation or irregular stools |
| ____ Baby moves a lot in sleep/restless sleep | How long does baby take to eat? _____ |
| ____ Baby seems always hungry and not full | How often does baby eat? _____ |
| ____ Delayed crawling or walking | Anything else _____ |

6. Is your infant taking any medications? ____ Reflux ____ Thrush Name of medication: _____

7. Any prior surgery to correct the tongue- or lip-tie? (when/where) _____

8. How are you doing mentally/emotionally? _____

9. Do you have any of the following signs or symptoms now or in the past? Please check/circle/elaborate.

- | | |
|---|--|
| ____ Creased, flattened, or blanched nipples | ____ Poor or incomplete breast drainage |
| ____ Lipstick-shaped nipples | ____ Decreasing milk supply |
| ____ Blistered or cut nipples | ____ Plugged ducts / engorgement / mastitis |
| Pain on a scale of 0-10 when first latching _____ | ____ Nipple thrush |
| Pain (0-10) during nursing _____ | ____ Using a nipple shield |
| ____ Feelings of hopelessness/depression | ____ Baby prefers one side over other ____ (R/L) |

Primary Care Provider _____

Chiropractor/PT/CST _____ Lactation Consultant _____

Other Therapist/Provider _____ Who referred you to us? _____

How far away do you live? _____

Doctor's Signature _____