

Agenda
Making Breastfeeding Easier for NICU Families

April 14, 2023 @ Comanche County Memorial Hospital

Hosted by: Oklahoma Breastfeeding Resource Center

TOPIC	MINS	TIME
INTRODUCTION IMPORTANCE OF HUMAN MILK FEEDINGS	50	8:30 – 9:20
PRENATAL / EARLY POSTPARTUM COUNSELLING	40	9:20 – 10:00
BREAK	15	10:00- 10:15
SKIN TO SKIN / KANGAROO CARE	10	10:15 – 10:25
MILK PRODUCTION	50	10:25 – 11:15
MILK EXPRESSION TECHNIQUES	50	11:15 – 12:05
LUNCH	30	12:05 – 12:35
PASTEURIZED DONOR HUMAN MILK	60	12:35 – 1:35
BREAK	10	1:35 – 1:45
TRANSITION TO DIRECT BREASTFEEDING	60	1:45 – 2:45
BREAK	15	2:45 – 3:00
LACTATION CARE IN THE NICU	15	3:00 – 3:15
OKLAHOMA BREASTFEEDING HOTLINE DEMO	5	3:15 – 3:20
CASE SCENARIOS / COMPETENCIES	25	3:20 – 3:45
BABY-FRIENDLY NICU? KEY TAKEAWAYS	10	3:45 – 3:55
Evaluation & Certificates	5	3:55 – 4:00
Dismiss		